



EUROPEAN VOVINAM VIET VO DAO FEDERATION

4TH EVVF SEMINAR



25 - 28 May 2017

LIEGE - BELGIUM

WWW.VOVINAM-EVVF.EU



SEMINAR BOOKLET

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THURSDAY 25 MAY 2017

Time	
14:00 - 16:30	EVVF Executive Committee and Commissions Meeting
17:00 – 19:30	Grading Examination – Hoàng Đại Nhất, Hoàng Đại Nhị, Hoàng Đại Tam, Chuẩn Hồng Đại

FRIDAY 26 MAY 2017

Seminar for teachers/masters		Seminar for blue/yellow belts	
Time	Technical program	Time	Technical program
09:30 - 11:30	Song Luyện Mã Tấu	09:30 - 11:30	Song Luyện Mã Tấu
11:30 - 13:30	Referee Seminar	11:30-13:30	Fighting Seminar
15:00 - 17:00	Lễ Giỗ Tổ - Commemoration	15:00 - 17:00	LỄ GIỖ TỔ - Commemoration
17:30 - 19:30	Tứ Trụ Quyền	17:30 - 19:30	Vật

SATURDAY 27 MAY 2017

Seminar for teachers/masters		Seminar for blue/yellow belts	
Time	Technical program	Time	Technical program
09:30 - 11:30	Lão Mai Quyền	09:30 - 11:30	Phản Đòn 1-7
11:30 - 13:30	Fighting Seminar	11:30 - 13:00	Fighting Seminar
15:00 - 17:00	Súng Trường	15:00 - 17:00	Free
17:30 - 19:30	Viên Phương Quyền	17:30-19:30	Tự Vệ Nữ

SUNDAY 28 MAY 2017

Seminar for teachers/masters		Seminar for blue/yellow belts	
Time	Technical program	Time	Technical program
10:00 - 12:00	Referee Seminar	10:00 - 12:00	Súng Trường

INFORMATION BOOKLET FOR THE 4TH EVVF SEMINAR 2017

Liège/Herstal - Belgium



Date Thu, May 25th – Sun, May 28th 2017

Address 4040 Herstal
Rue de l'Abattoir 65
Belgium
Hall Omnisport Michel Daerden

Organised by European Vovinam Viet Vo Dao Federation (EVVF)

Host by Belgian Vovinam Viet Vo Dao Federation (AVVBF)



Arriving in Liège

By plane

- Brussels Airport (Zaventem) – 101 km from Liège/Herstal
- Brussels South Airport (Charleroi) – 97 km from Liège/Herstal
- Maastricht Aachen Airport (Netherlands) – 36 km from Liège/Herstal
- Liège Airport – 22 km from Liège/Herstal

By car

- Motorway E40 : Brussels Airport - Liège – Aachen
- Motorway E42 : Lille – Charleroi airport - Liège
- Motorway E25 : Maastricht airport - Liège – Metz

By Train/bus

- Liège/Guillemins Station : bus n°4 (Station to Liège city centre) + bus n° 7 (Liège to Herstal) – 25 min

The gym



Transport

EVVF can provide shuttle for airport/station/hotel/gym
Please contact office@vovinam-evvf.eu for more information

Food

The restaurant is located directly at the sport center.
Meals are prepared by the vietnamese restaurant team "Vinacity".

Menu A : crispy chicken with rice / noodles
Menu B : lacquered pork with rice / noodles
Menu C : stir-fried Beef with rice / noodles
Menu D : crispy noodles with eggs

The price is 12€/meal/person

Accommodation

Each delegation manages by itselfs the accommodation.

To help you, we propose to you a list of hotels near the gym.

Hotel Formule1 "Class'Eco" (5 km to the gym)

ZI des hauts-sarts 1ère Avenue 95, 4040 Herstal, Belgique

<http://class-eco-liege-be.book.direct/>



Campanile Hotel & Restaurant Liège (7km to the gym)

Rue Jean Baptiste Juppín 17/18 4000 Liège

<http://www.campanile.com/fr/hotels/campanile-liege-luik>



Ibis Budget Liège (13km to the gym)

380 Rue de l'arbre courte Joie 4000 Liège

<http://www.accorhotels.com/gb/hotel-2616-ibis-budget-liege/index.shtml>



Hotel Première Classe (13km to the gym)

330 Rue de l'Arbre Courte Joie, 4000 Liège

<http://www.premiereclasse.com/fr/hotels/premiere-classe-liege-luik>



Host



WWW.VIETVODAO.BE



The Belgian federation of Vovinam is constituted by several groups distributed in various provinces of Belgium. More than 300 active followers compose the lifeblood of the federation. Belgium joined the international scene of Vovinam in 2003 and organized the European championship in 2006 and 2015.



Staff

Picture	Head of	Name	Email
	<i>Financial</i>	MONTECCHI Luciano	lutch76@hotmail.com
	<i>Stewards</i>	DINH- DEBOUNY Tri	tridinhvvdulg@gmail.com
	<i>Logistic</i>	GAENS Michel	michelgaens@skynet.be
	<i>President</i>	LE Huu Dai	lehuudai@yahoo.com

Registration

Grading examination

Registration : office@vovinam-evvf.eu

Deadline : April 5th, 2017

Exam fee payment : European Vovinam Viet Vo Dao Federation

Bank account details :

Recipient : EVVF

BIC : CMBRFR2BARK

IBAN : FR76 1558 9165 0807 4325 4134 032

Seminar

Dress code : vo phuc / referee uniform

Participant level: from Lam Đại Nhị Cấp

Seminar for teachers/masters: review

Seminar for blue/yellow belts: learn new

Fee : 35€ EVVF member and 45€ non-EVVF member

Deadline : April 5th, 2017

Registration form : attached word file

Registration : office@vovinam-evvf.eu

Seminar fee payment : European Vovinam Viet Vo Dao Federation

Bank account details :

Recipient : EVVF

BIC : CMBRFR2BARK

IBAN : FR76 1558 9165 0807 4325 4134 032

Food

12 €/meal/person

Deadline : April 5th, 2017

Registration form : attached word file

Registration : tridinhvvdulg@gmail.com

Meal payment : Belgian Vovinam Viet Vo Dao Federation

Bank account details :

Recipient : AVVBF asbl

BIC : GEBABEBB

IBAN : BE59 0015 2592 9026