





# ORGANIZATION



**EUROPEAN VOVINAM VIET VO DAO FEDERATION**

**CATALUNYA VOVINAM VIET VO DAO ASSOCIATION**



## **10<sup>TH</sup> EVVF VOVINAM SEMINAR CALDES D'ESTRAC BARCELONA**

**INFO:**

**[office@vovinam-evvf.eu](mailto:office@vovinam-evvf.eu)  
[vietvodaocat@gmail.com](mailto:vietvodaocat@gmail.com)**

**EVVF Seminar**



**Caldes d'Estrac - Barcelona**



# WELCOME SPEECH

## FLORIN MACOVEI

EVVF PRESIDENT

The Asociación Vovinam Việt Võ Đạo España, led by Master Pedro González as President and Master Toni Morales as Technical Director, is a founding member of the EVVF and one of its most active organizations.

Its two main member associations are based in historic regions renowned for their rich traditions and culture: Canarias and Catalunya.

Canarias, where Master Pedro is based, has already hosted several European Championships as well as an EVVF Seminar. Barcelona, in Catalunya—Master Toni's main base—is the host of this year's EVVF annual activities. The EVVF Seminar will take place at Eurostage, in Caldes d'Estrac.

Master Toni, who teaches in the town of Santa Perpètua, is supported by an exceptionally enthusiastic and dynamic team, whom I had the pleasure of meeting at his home during a technical internship I was invited to lead in 2016. Another prominent member is David Permanyer who teaches in Sabadell in his club, while Xavier Monge, is the President of the Associació Catalana de Vovinam Việt Võ Đạo.

I also warmly welcome the participation of the masters who will be teaching at the Technical Seminar, alongside the EVVF Technical Commission: Master Luca Marzocchi from Italy and Master Dinh Du Tran from Germany.



FLORIN MACOVEI

## TONI MORALES

TECHNICAL DIRECTOR FOR CATALUNYA

Dear masters, instructors, practitioners, and friends of Vovinam Việt Võ Đạo

It is an honor and a great joy to welcome you to Caldes d'Estrac for this seminar, which brings us together with a shared spirit: to continue learning, to share knowledge, and to strengthen the values of our martial art.

I would like to sincerely thank the masters and instructors who will be with us, as well as the efforts of all the practitioners who will come from different places to share training, experience, and fellowship. These gatherings are a unique opportunity to grow both technically and personally.

May this seminar be a space for learning, exchange, and connection, both on and off the tatami

TONI MORALES





# SEMINAR PROGRAM

## EVVF Annual Seminar April,30 - May,3

ACTIVITIES	DATE	TIME	VENUE
EVVF Election Congress	30/04/2026	15:00 - 19:00	EUROSTAGE FACILITIES
Grading Examination	01/05/2026	10:00 - 12:00	
Lễ Giỗ Tổ (Commemoration)		15:00 - 16:00	
Technical seminar: Phản Đòn/Khoá Gỡ Application Song Luyện Côn	02/05/2026	10:00 - 12:00	
Technical seminar: Ngọc Trán Quyền: The Transformation of Form in Practice, Competition and Artistry		15:00 - 17:00	
Technical seminar: Vật: Training Methods and Understanding of Vovinam Wrestling Techniques		17:00 - 19:00	
Technical seminar: Song Luyện Côn	03/05/2026	10:30 - 12:30	

### Note:

- Participants: from 14 years old
- Dress code for Lễ Giỗ Tổ: Võ Phục
- Technical subjects can be modified by the Technical Commission
- Participants must bring their own weapons for the Technical Seminar (Côn) and for the Grading Examination.

## EVVF CONGRESS

Thursday, 30 - 15:00 to 19:00

**EUROSTAGE**

70 m<sup>2</sup> room

Capacity: 30 people

### ADDRESS:

**EUROSTAGE**

Riera de Torrentbó St.

Caldes d'Estrach

08350 - Barcelona





# COST AND INFO

## SEMINAR

30, APRIL - 1/2/3 MAY

Seminar will be opened for participants aged 14 and above

**EVVF MEMBERS €35**

**NON EVVF MEMBERS €65**

**DEADLINE/CONTACT 2 MARCH**

- Seminar registration document should be sent to:  
**office@vovinam-evvf.eu**
- Seminar payment should be made to the EVVF:  
**EUROPEAN VOVINAM VIET VO DAO FEDERATION (EVVF)**  
**IBAN: FR76 1558 9165 0807 4325 4134 032**  
**BIC: CMBFR2BARK**



## ACCOMMODATION

30, APRIL - 1/2/3 MAY

### PRICES:

- Full Package: €65 per person per day (accommodation+meals+use of facilities)
- Use of facilities: €11 per person per day. Not included in the seminar fee.
- Extra meal: €13

## FAREWELL PARTY

SATURDAY, 2 MAY - 20:00

**PRICE: €15**

Farewell party will take place at the same EUROSTAGE facilities

The price includes:

- Food
- 2 drinks (beer, wine or soft drinks)

**DEADLINE/CONTACT: 2 MARCH**

- Follow this [LINK](#) to access to the registration form.
- Accommodation and farewell party receipt of payment should be sent to:  
**vietvodaocat@gmail.com**
- Seminar payment should be made to the ACVV:  
**ASSOCIACIÓ CATALANA DE VOVINAM VIET VO DAO**  
**IBAN: ES22 0073 0100 5404 7275 6141**  
**BIC: OPENESMM**





## THE PLACE



# eurostage



**Eurostage is a fully equipped accommodation in a privileged natural environment: halfway between Girona and Barcelona, between the Coastal Range and the beaches of Caldes d'Estrac. Close to the Montnegre and "El Corredor" Natural Park and only 40 km from Barcelona and 60 km from Girona. Hiking trails, cycling, museum visits and the port, strolls through the streets and markets, relaxation on the beaches, thermal baths are some of the things we can visit nearby.**

<https://www.eurostage.cat/en>

<https://caldetes.cat/turisme>

## **FACILITIES:**

- **Tatami 1: 420 m<sup>2</sup>**
- **Tatami 2: approx. 150 m<sup>2</sup>**
- **Grass field: 5,000 m<sup>2</sup>**
- **Swimming pool - 9 x 18 m**
- **6 clay tennis courts (not free)**
- **Sports hall and fronton**
- **Squash court**
- **Basketball court**
- **Football field - 45 x 90 m**
- **Climbing wall and archery**
- **Beach volleyball court**
- **Council Room**
- **Indoor dining room**
- **Outdoor dining room**
- **Changing rooms**
- **Sauna**
- **Gym**
- **Massage room**
- **Dance halls - 100 and 40 m<sup>2</sup>**
- **TV Room**
- **Games room**





# FACILITIES

## TRAINING FIELDS

- **Tatami 1: Main outdoor covered tatami with 400 m<sup>2</sup>**
- **Tatami 2: Secondary outdoor covered tatami with 150 m<sup>2</sup>**
- **Grass field: Outdoor field with soft grass. Perfect to train if the weather permits.**





# ACCOMMODATION

## GROUP CABINS

The cabins will accommodate 6 to 8 people.

### “GINESTA” CABINS

6 cabins with private bathrooms, lined up along a porch that leads to a terrace equipped with tables and benches and trees for shade.



### “ALZINES” CABINS

They form a village of 11 wooden cabins with a porch and communal area. Six cabins have their own bathroom. A module with shared sanitary facilities is right in front.



## SERVICES

There are shared bathrooms and washing machines next to the cabins.





# TRANSPORTATION

## HOW TO ARRIVE

### TRIP FROM BARCELONA TO Eurostage



#### BY CAR

The trip from Barcelona airport to Eurostage is about 40 min by car.



#### PUBLIC TRANSPORT

The trip from Barcelona Airport to Eurostage is about 1 h 45 min.

Departures from Airport every 30 min.

- Start at Barcelona–El Prat Airport.
- Go to the train station at the airport.
- Take the R2N line toward Sant Celoni.
- Get off at Barcelona-Sants.
- Change trains at Barcelona-Sants.
- Take the R1 line toward Blanes.
- Stay on the train until Caldes d'Estrac.
- Get off at Caldes d'Estrac station.
- Walk for 20 minutes to reach the location.

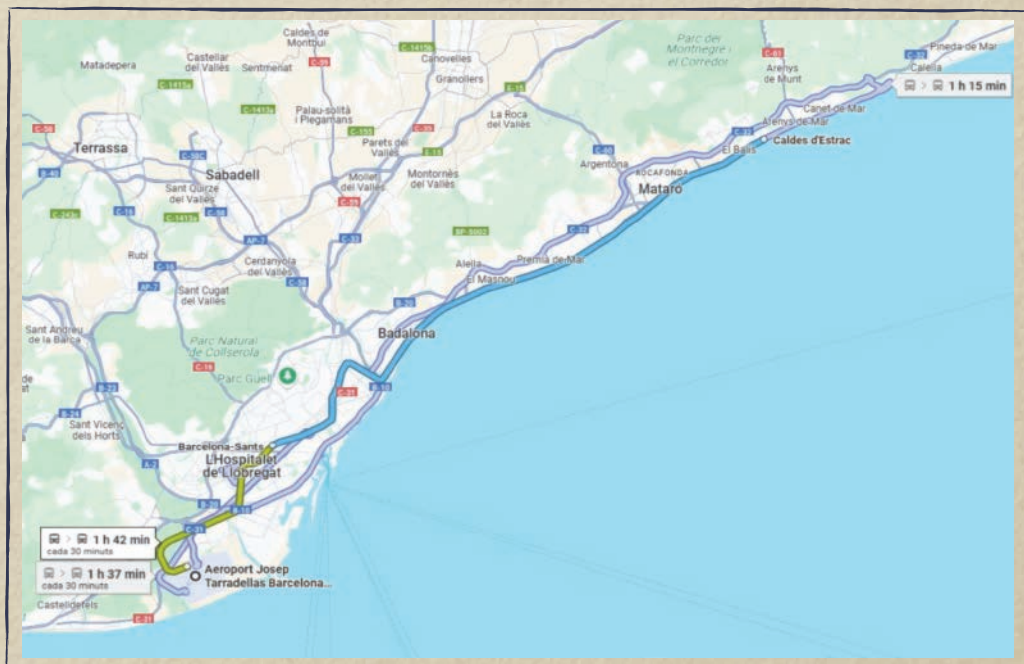
### LOCATION OF THE SEMINAR

#### ADDRESS:

Riera de Torrentbó St.  
Caldes d'Estrach  
08350 - Barcelona



Once you arrive in Caldes d'Estrach by train, it's a 20 minute walk to Eurostage.





# OUR HISTORY

## CATALAN VOVINAM VIỆT VÕ ĐẠO ASSOCIATION



The Associació Catalana de Vovinam Việt Võ Đạo was founded in 1998 under the guidance of the technical director Toni Morales Gatell (5th Dang). He began by practicing Kyokushinkai karate under Eledino Garcia, transitioning to Qwan Ki Do with the same mentor, achieving the 2nd dang, and finally establishing himself in Vovinam Việt Võ Đạo.

The trajectory of Vovinam Việt Võ Đạo in Catalonia has its origins in 1991, with an expedition of European Qwan Ki Do to Vietnam, among them Patrick Levet, Eledino Garcia, and Toni Morales. It was then that they discovered Vovinam Việt Võ Đạo and its structure, meeting Grand Master Nguyễn Văn Chiếu and other masters in Ho Chi Minh City, a fact that led to the twinning of Spain with Vovinam.



From these relationships, Patrick Levet transitioned to Vovinam a few years later, and Toni Morales followed him from 1997 onwards, creating the Catalan Association of Vovinam Việt Võ Đạo, holding the position of Technical Director in Catalonia and initiating a phase of projection, consolidation, and structuring of the discipline in the territory.





# OUR HISTORY

A key moment came in 1999 with the first visit of Master Nguyễn Văn Chiếu to Catalonia, with stays in Tenerife and Barcelona. Accompanied by a group of Vietnamese masters, technical seminars and exhibitions were held that marked a milestone in the training and dissemination of Vovinam in Catalonia.

Public visibility was reinforced in 2008, when Vovinam Việt Võ Đạo was the guest martial art at the EIAM Fair in Barcelona, the first martial arts fair held in the city.

Participation in international competitions and events has been constant over the years, highlighting presence at championships in Puerto de la Cruz (2010), Paris (2013), Warsaw (2014), and Geneva (2016), as well as continuous attendance at the international seminars of the EVVF.

In recent years, periodic training sessions and seminars with Vovinam Occitan have also been consolidated, strengthening international ties and the presence of Catalan Vovinam in Europe.

Masters Pedro González (Canary Islands), Iñigo Varela (Basque Country), and Toni Morales (Catalonia) have been the main promoters of Vovinam Việt Võ Đạo in Spain. The geographical distribution of these three points has not made the development of the martial art in our country easy; nevertheless, we remain firm in disseminating and promoting Việt Võ Đạo. We continue to seek sources of knowledge that allow us to continue along this path.





# OUR HISTORY

**This journey is the result of decades of work, commitment, and fidelity to the values of Vovinam Việt Võ Đạo, and it constitutes the foundation upon which the present seminar is built.**



**ASSOCIACIÓ CATALANA DE  
VOVINAM VIỆT VÕ ĐẠO**



**VOVINAM**  
**VIỆT VÕ ĐẠO**

