

Organized by the European Vovinam Viet Vo Dao Federation and Swiss Vovinam Viet Vo Dao Federation



the 4th EVVF European Vovinam Championship

Geneva - Switzerland / July 1-3, 2016

Centre Sportif Sous-Moulin (Route de Sous-Moulin 39, 1226 Thônex, Switzerland)



Competition Book

www.vovinam-evvf.eu



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A word from EVVF Vice President



Dear all,

It is with a great pleasure that I invite you in the fourth edition of the European Vovinam Championship, from now on registered on the timetable of international meetings organized by the European Vovinam Viet Vo Dao Federation.

The European Vovinam Championship, which aims to be a showcase project of promotion of the Vovinam Viet Vo Dao generally, became in so little time one of the strongest moments of our timetables.

First of all, I would want, in the name of the Executive Committee of the European Vovinam Viet Vo Dao Federation, to thank the Swiss Vovinam Federation for its welcome and its dedication in our martial art.

This new and eagerly awaited event, as the others, demonstrates all the energy, all the strength and the enthusiasm of the Swiss vo sinh to make a success of challenges and to put forward their know-how.

Besides, the holding of this sportive event is certainly the most beautiful manners to commemorate the memory and to pay tribute to all the iconic figures who wrote of glorious pages of the Story of European Vovinam.

I will see you in July in Geneva!

Master Lê Hữu Đại
EVVF Vice President – President ad. Interim

A word from EVVF Technical Director



Dear EVVF Masters, Coaches, Referees and Athletes,

We soon will meet again for the 4th edition of the European Vovinam Championship.

The technical level across European countries has risen considerably and our athletes are getting better and more competitive championship after championship.

This is a great result obtained thanks to the hard work that all of us, masters, instructors, students and organizers have been putting together over the past few years.

As Technical Director of the European Vovinam Viet Vo Dao Federation, I hope to see an even more beautiful championship and a technical level higher than ever before.

I wish everyone to keep improving themselves, and to enjoy their preparation and participation to the championship.

See you all in July in Geneva.

Master Vittorio Cera
EVVF Vice President - EVVF Technical Director

A word from Swiss Federation President



Ladies, gentlemen and dear friends,

Welcome to Switzerland and to Geneva, one of the most beautiful cities of the country. We are expecting you and impatient to share unforgettable moments with everyone.

We are honored to be able to organize the 4th European Vovinam Championship and indeed very proud to do so.

The city of Geneva enjoys a long tradition of hospitality and has welcomed international organisations since long ago. We usually talk about the « Genève Internationale » to illustrate this particular fact. We are therefore even more motivated to welcome all the European countries and their participants to these championships.

Switzerland has been a neutral state since the 20th of March 1815, date of the signature of the Vienna congress. She has not participated in armed conflicts since then but she has never stopped bringing her help to those who need it, especially during humanitarian crisis situations. In Vovinam Viet Vo Dao, we are all equal by wearing a blue colored Vo Phuc that uniforms all the participants without distinction of fortune, political views or religion. We are convinced that by working as a close knit team, we shall succeed in perpetuating Vovinam through time.

We salute all the followers, the teachers, the masters, the volunteers and friends who will participate in this wonderful event in Switzerland. It is a beautiful opportunity for all of us to make this martial art evolve with honor, respect, friendship, solidarity and harmony.

The Swiss federation is small, like the country, but it will become a greater one and offer the best structure and organisation possible.

We wish to thank whole heartedly the European Vovinam Viet Vo Dao Federation - EVVF, the Technical Commission and Administration for their support and all the help given during so many events.

Our success is ours to be, so let's be strong together.

We wish to all intense moments and total success in your challenges, and to stand up high for their country and for Vovinam Viet Vo Dao.

Master Tân Rousset

President of Swiss Vovinam Viet Vo Dao Federation – National Technical Director

Switzerland / Geneva

Switzerland



Switzerland grew slowly as a nation during the centuries, gradually establishing itself as a mosaic of territories.

Over the centuries, cities got associated with country side territories letting Switzerland grow into the nation it is today. Independent « cantons » united through the years, and gave birth to the modern federal state that is the Helvetic Confederation.

In the Middle Ages, many territories became independent and collaborated with one another. They gradually grew

apart from the guardianship of the imperial lords who had been their masters for so long.

The history of Switzerland was deeply influenced by the Reform, as well as the wars and fights between catholics and protestants that characterized it.

At the end of the 18th century, revolutionary France occupied the nation and proclaimed the Helvetic Republic (1798), a centralized state following the french example. Very quickly, an oposition developed and the fighting came back bringing the intervention of french troops along with it.

In 1803, the Confederates signed with Napoleon the Act of Mediation of Paris and Switzerland became a Confederation of 19 states.

During the Viena Congress, in 1815, the europeans powers garantied the country a « perpetual neutrality ». Geneva, the Valais and Neuchâtel, entered at this occasion the swiss Confederation. The nations frontiers where definitely traced, or so it was believed.

The federal constitution of 1848, replaced the pact of 1815. Transforming the alliance of the idependent « cantons » into a modern federal state.

History of Geneva



The romans were not the only ones who had views on the city Geneva. At the death of Rodolphe the 1st, last king of Burgandy, the city fell in the hands of the German empire. In 1033, Geneva belong to the Holy Germanic Empire.

Religious rule will dominate the city through the person of the Bishop, its spiritual leader. The first foundations of catholicism are built and the Church will start fighting the lords of the area for power.

Until the 15th century, the fairs of the italian financiers and the foreign merchants will contribute to the economic and cultural development of the city. This prosperity will become the source of the prestige it still has today at an international level.

During those times, the counts of Savoy wish to annex Geneva. But they are not the only ones. The Swiss lords of the lowlands consider that the city is already part of their territory.

In the 15th century, Geneva chooses to prefer the people of Bern (the Bear) and Fribourg (the catholic city) to the Savoys. A treaty of mutual assistance is signed and the « combourgeoisie » of november 1477 becomes effective. It was the very first pact between Geneva and Switzerland.

Tensions persist at the end of the century between followers of the Savoy and the Confederate opposition. Dispite this coalition with the Confederates, Geneva becomes savoyard, but for a short period of time. Its final liberation is obtained by the military pact with Bern and Fribourg the 8th of february 1526.

Free to be independant, Geneva will suffer from the pressure of the French and of the Savoy who still want to invade the city. Salvation will come from Luther, or more precisely the hospitality of Geneva. During all the 16th century, the city becomes a refuge for the partisans of the Lutheran Reform.



In 1536, Jean Calvin, a guest of Farel, comes to live in Geneva and starts his work of reform. He becomes the founder of the « Collège Calvin », the academy that dictates particularly strict rules called the « sumptuary laws ».

Geneva becomes a protestant republic and is called the Seigneury of Geneva.

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In the night of the 11th of december 1602, known as the night of the « Escalade », a military attack was launched by the Count of Savoy. During the attack, it is told that a woman called the « mère royaume » showed courage by throwing her piping hot soup pot on the ennemy.

At the end of the 17th century, Geneva realizes that she can't face the Savoyard without any help. She therefore asks to be part of the Swiss protectorate and falls under the control of Bern. The city then goes through terrible times where the aristocracy and bourgeois never stop fighting. In 1782, three thousand Bernois, frenchmen and Sards, invade Geneva to establish peace and let the King of France take direct power over the city.

In 1789, it's the French Revolution. Thousands of soldiers are called back to France and the Swiss army stays alone to control the city. Starving, the people of Geneva rise up against the city council and the 30th of november 1792 the Swiss soldiers depart and leave the city in a vulnerable situation. In 1798, the french army is back and takes hold of the Lemman region and occupies Geneva for more than 14 years.



In 1859, after the battle of Solferino (in northern Italy), Henri Dunant, a citizen of Geneva, witnesses the consequences of the horrors of war on the soldiers. Profoundly shaken by what he sees, he establishes in 1863 the first International Comitee of the Red Cross. Now a days, the humanitarian vocation of this organisation in favour of the respect of the wounded is know wolrdwide.



From then on, the Republic of Geneva establishes an advanced democratic system and benefits from Switzerland's neutrality, well known across the world. The universality of the Red Cross, the influence of Protestantism and many other elements help to strengthen the idea that the city is a place of international mediation.

Known as a link between northern and southern Europe, and between the various countries of the world, Geneva welcomes in 1919 the League of Nations. In 1946, The United Nations chooses the city to base its european headquarters and conséquently attracts many international organisations.

Geneva, to this day, has a population of 480,309 inhabitants. It is the home of many international organisations among which you can find the HCR, or High Comissionary for Refugees, the International Red Cross, the World Trade Organisation, The United Nations...

Visiting Geneva

[The Jet d'Eau, icononc symbol Geneva](#)



Star of the harbor, the Jet d'Eau of Geneva is a marvel of 140 meters. Its best view spot? Without hesitation, the « Bains de Paquis », an unexpected beach in the middle of town, where all people come about to swim, have a sauna or even eat fondue in the winter ! Another way to see it : a cruise along the lake, with the Mont-Blanc as a back

[The Old Town and its treasures](#)

It's the biggest historic center town area of the country. The Old Town is dominated by Saint Peter's cathedral, central area of the Reform. 157 steps will take you up its main tower to a unique panorama of the city. Once you come down, don't hesite to walk around its small streets and get lost for a small while.



[The Flower Clock, and rue du Rhône, birthplace of luxury watch making](#)

Start off in front of the beautiful Flower Clock at the « Jardin Anglais », and walk along the luxurious rue du Rhône while looking at the shop windows of the most prestigious watch brands in the world

[The Wall of the Reformers, a monumental tribute](#)

Close to the lovely Place Neuve, the great statues of the main figures of the Reform will be waiting for you, in the middle of the beautiful park of « les Bations ». Four huge statues of these various important figures, who made Geneva the « Protestant Rome » stand amidst a recollection of words they once pronounced and that are carved in stone forever.



[The Palais des Nations, symbol of Geneva The capital of Peace](#)

It is a « rendez-vous » with History that awaits in this center of world diplomacy. Under the extraordinary dome of the chamber of « Human rights and Alliance of Civilisations », the Palace of Nations will share its secrets. At the Place des Nations, in front of the monumental « Broken Chair », you shall sense all the signification of Geneva as a City of Peace and Freedom.

Swiss Vovinam Viet Vo Dao Federation



The Swiss Vovinam Viet Vo Dao Federation, under the direction of Master Tân Rousset (4th dang, only legal representative acknowledged by the WVVF and the EVVF for Switzerland), is mainly based in the canton of Geneva and Fribourg, with many clubs.

Officially created in 2005, it is composed of about 120 active members.

It organised, in 2007, the Intercontinental Vovinam Championship and in May 2015, the 2nd EVVF Seminar.



Our Staff



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SWISS VOVINAM VIET VO DAO FEDERATION

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c/o Jean Rousset, 19 chemin de la Gentille, 1222 Vésenaz, Genève

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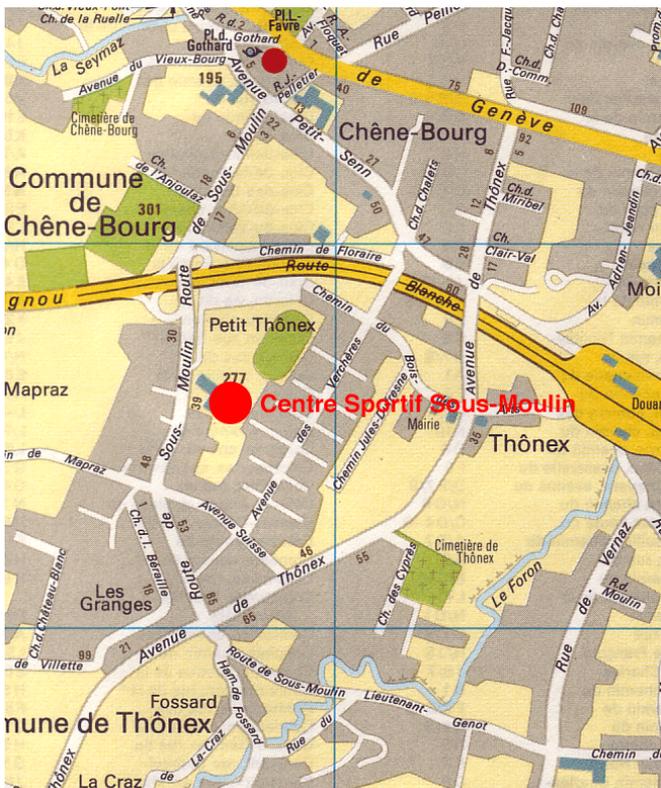
Web: www.vovinamvietvodoao.ch

Sous-Moulin Sport Center

Address : Centre Sportif de Sous-Moulin, 39 route de Sous-Moulin, 1226 Thônex, Genève

For more information: www.csm.ch

The Sport Center of Sous-Moulin will welcome us for the 4th European Vovinam Championship



- 1 main sport hall with seats for spectators
- 10 good sized changing rooms for different participating countries
- 1 warm up room of 240 square-meters for athletes
- 1 infirmary with direct access to the main hall
- 1 refreshment area at the main entrance
- 1 meeting room
- Wifi is included with the hall
- 1 parking area for cars
- 1 parking area for buses
- 1 bus stop leading downtown



Entrance and refreshment area



Main Hall



Warm up area



Changing rooms



Parking



Restaurant



Exteriors



Seats



Infirmary

WIFI IN SOUS-MOULIN

For wifi access, you will just need to connect yourself to the hall's server and ask for an SMS through your telephone. You will then get free wifi for 24 hours. Each morning, you can get it back again by following the same process.

CHANGING ROOM

The changing rooms are equipped with showers and hair dryers. They are situated on the underground floor of the Sport Center next to the restrooms. The warm up room is also near the changing rooms. Each country shall have space enough for its members and a key will be available to close it in the evening. At the end of the day, the key shall be returned to the welcome desk at the entrance area. The Sport Center will be watched over during the night, so you will be able to safely leave your belongings.

WARM UP ROOM

The underground warm up room will be exclusively accessible to the athletes before the events. The 240 square-meter room, will always be open but athlete and their coaches will solely be responsible of getting on time to the event.

INFIRMARY

An infirmary, with medical personnel, will be open in case of need on Saturday and Sunday of the competitions. Each participant has to have a valid international insurance policy against accidents. A copy of such policy will be asked for during the registration of the athletes.

WELCOME DESK AREA

A welcome area will be at your disposal with keys to the changing rooms, maps for Geneva, bus timetables and other information.

MEETING ROOM AND REFEREE

A room will be available for the meetings of the EVVF and for the referees. It will be equipped with a beamer and a presentation screen.

SEATS

The public will have access to the seating area on the first floor. No food or drinks will be allowed in that area. A refreshments area will be found at the entrance hall.

Transportation

Sous-Moulin - Thônex

CAR PARKING

The Sport Center of Sous-Moulin has a metered parking. For those who will be coming by car, and don't have a big budget, it would be better to leave their cars at the hotel. Private buses will take you to the center if needed.

BUS PARKING

Two to three parking spaces for buses will be available for free at the Sport Center. Please don't forget to tell us if you wish to use them, as we must make a reservation through the village council.

In the evening, and at night, all buses will have to leave and find a parking place in town or at their hotel.

PUBLIC TRANSPORTATION

The public transportation system of Geneva (TPG) are available all over town. Buses 5 and 25 lead to the Sous-Moulin Sport Center, at the parking area. If you wish to go back to the center town, you can take buses 5 or 25 to the « Musée d'Histoire Naturelle » and walk for 5 minutes to the Old Town.

Maps of the TPG bus and tram lines, and maps of Geneva, will be available at the welcome desk.

Arrivals at Geneva International Airport, Geneva Main Station and Hotels

Private transportation (mini buses) will be available at your arrival at Geneva Airport and Geneva main station. In the registration papers, we will ask you to indicate, as fast as possible, your time of arrival in order to get things ready. In case of a problem, please let us know beforehand.

We will take you to your hotel at your arrival. We will also provide transportation from there to the Sous-Moulin Sport Center the day of the competition. In the evenings, we shall do the same, if you are having your meal at the restaurant with us. If you choose to have a free evening (and not eat at the Sport Center restaurant) you may take a bus or a taxi to Geneva city center.

Accommodation

Civil Protection Shelter Tronchet

- Available for 50 people (each person brings their own sleeping bag)
- Available from Thursday evening (30/06/2016) to Monday morning (04/07/2016)
- Address: 18 Avenue Tronchet ; 1226 Thônex
- 10 minutes by walking to the Sport Center
- Price : 15 Euros/person including breakfast

Civil Protection Shelter Jeandin

- Available for 30 people (each person brings their own sleeping bag)
- Available from Thursday evening (30/06/2016) to Monday morning (04/07/2016)
- Address: 5 Avenue Adrien-Jeandin ; 1226 Thônex
- 10 minutes by walking to the Sport Center
- Price : 15 Euros/person including breakfast

Other accommodation : Reservations may be found on the internet :

www.trivago.ch / www.booking.com etc...

AUBERGES DE JEUNESSE

Geneva Hostel

Rue Rothschild 30
CH-1202 Genève
Tel. +41 22 732 62 60
www.genevahostel.ch

6 bed dormitories are available for 35 CHF per person



Cité Universitaire de Genève

46, avenue de Miremont
1206 Genève, Suisse
Tél.: (41 22) 839 22 22
Fax: (41 22) 839 22 23
Info hôtes : guest@unige.ch

HOTELS IN FRANCE



Park & Suite Elégance Gaillard

102, Rue de Genève

74240 Gaillard

France

Tél. + 33 450 31 81 00

Fax + 33 450 31 81 01

Autoroute A40 "Autoroute Blanche"

Sortie Gaillard

<http://www.appartcity.com/fr/appart-hotel/geneve-gaillard-a-gaillard.html>

Bus N°61 Stop "La Tour"

STATION Tramway - Tram T12 Genève

Hôtel IBIS - Annemasse

38 Route de Genève

74100 Ambilly

France

Tel. +33 450 38 70 66

Fax. +33 450 38 72 23

H6232@accor.com



If you wish to make a hotel reservation, please try to choose an establishment that is not too far away from the Sous-Moulin Sport Center. You can try Thônex, Chêne-Bougeries, Champel, Geneva center town or nearby France Gaillard, Annemasse or Ambilly. It will help us organise the transportation more easily.



Geneva Residence – Appart Valley

1 Place Porte de France
F-74240 Gaillard
France

Tél : +33 450 84 33 00

www.geneva-residence.fr
contact@geneva-residence.fr



Première Classe Annemasse

Adresse : 5 Rue des Jardins,
F-74240 Gaillard
France

Tél. +33 892 70 72 30



Inter Hôtel Porte de Genève

Bernard Guenin
4, rue René Cassin
F-74240 Gaillard
France

Tel. 04 50 39 70 30

Fax 04 50 39 76 77

<http://www.portedegeneve.com/>

You may also consult the Tourism Office of Geneva <http://www.geneve-tourisme.ch>

Meals



The « Trois Communes » restaurant

It is next to the Sous-Moulin Sport Center and will cater meals on the following days :

- Saturday lunch and dinner
- Sunday lunch and dinner

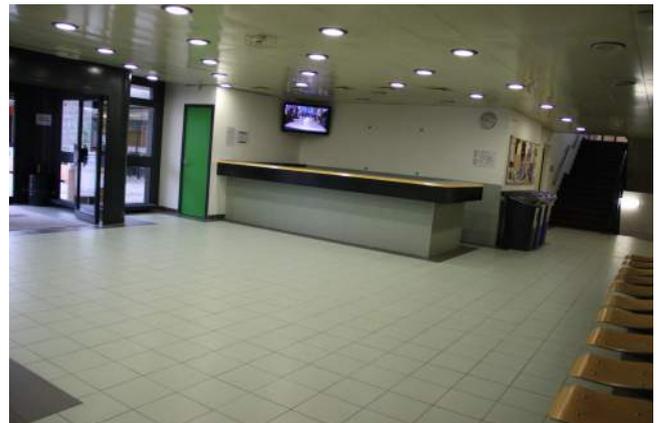
Price : 20 Euros/meal/person

The meals are optional. If you wish to eat in Geneva or in another place, it is totally possible. There are many choices.

We shall make reservations for the meals you will pay during registration.

The Sports Center Refreshment Area

On Saturday and Sunday, you will find various cakes, sandwiches and other finger foods, as well as all kinds of beverages, at the Sport Center. Prices will be affordable and small tables will also be available. Euros and Swiss francs will be accepted.



Competition Regulations

ELIGIBILITY/ACCREDITATION/DEADLINES/FEE

Eligibility: Only member Federations/Associations of the EVVF who has completed their financial duty with the EVVF are allowed to take part in the competition.

Accreditation: An accreditation card will be issued to each participant on his/her arrival at the Headquarters and this accreditation card should be carried at all time during the championship.

Deadlines:

First Entry: NO LATER THAN April 25, 2016

Final Entry: NO LATER THAN May 25, 2016

Competition Registration Payment: NO LATER THAN May 25, 2016

Accommodation - Protection Civil Shelter Registration and Payment: NO LATER THAN May 25, 2016

Meal Registration and Payment: NO LATER THAN May 30, 2016

Travel Schedule: NO LATER THAN May 30, 2016

Term of Responsibility, Medical, Insurance, Parental Permission: NO LATER THAN May 30, 2016

Competition Registration Fees:

The registration fee is 25 Euros/athlete/category. If the athlete competes in more than one category, the fee for each additional category will be 10 Euros.

SPARRING GEARS/WEAPONS

Sparring gears:

Helmet Red AND Blue: own and compulsory

Gloves 10oz Red AND Blue: own and compulsory

"Vovinam Viet Vo Dao" Body Armour Red AND Blue: own and compulsory

Groin Guard: own and compulsory

Gum Shield: own and compulsory

Shins Guard: own and compulsory

Foot Pads: own and optional

Forearm Pads: own and optional

Note: Only Vovinam Viet Vo Dao Body Armours are accepted, i.e. Body Armours which have the print "Vovinam Viet Vo Dao"

Weapons:

Teams prepare their own weapons

CATEGORIES

Thi Quyền (Performance)

Male Categories:

Single form:

1. Ngũ môn quyền
2. Thập thế bát thức quyền
3. Tinh hoa võng nghi kiếm pháp
4. Tứ tượng côn pháp
5. Nhật nguyệt đại đao pháp

Team form:

1. Đòn chân tấn công
2. Song luyện kiếm
3. Song luyện mã tấu
4. Song luyện số 3
5. Song luyện đao

Female Categories:

Single form:

1. Long Hồ quyền
2. Song đao pháp
3. Tinh hoa võng nghi kiếm pháp

Team form:

1. Song luyện kiếm

Mixture Categories:

1. Tự vệ nữ giới
2. Đa luyện nam or Đa luyện nữ (tay không or vũ khí)
3. Quyền đồng đội nam or Quyền đồng đội nữ (3 athletes perform Long Hồ Quyền)

Thi Đối Kháng (Fighting)

Male Categories:

1. Over 57 kg to 60 kg
2. Over 60 kg to 64 kg
3. Over 64 kg to 68 kg
4. Over 68 kg to 72 kg
5. Over 72 kg to 77 kg
6. Over 77 kg to 82 kg
7. Over 82 kg to 90 kg
8. Over 90 kg

Female Categories:

1. Over 50 kg to 55 kg
2. Over 55 kg to 61 kg
3. Over 61 kg to 67 kg
4. Over 67 kg

COMPETITION RULES

In accordance to the Competition Rules of the EVVF.

Each Federation/Association may enter ONE (1) athlete or team in each category.

A category shall be eligible with the participation of at least 3 countries.

COMPETITORS ELIGIBILITY

Age

Performance : athletes born in 1998 or earlier can take part in performance competition

Fighting : athletes must be at least 18 year-old (born before 1st July 1998)

Note: for athletes under 18 year-old, the parental permission form must be signed by parent/guardian.

Nationality

Athlete must have the same nationality of their National Federation/Association. Athletes are required to show their passport during the nationality control procedure in order to confirm their nationality.

Gender

The female athletes may also have to undergo the Gender Control.

Athletes are non-checking in case of having the gender certificate that is provided by mandated organisations.

Uniform

All Vovinam uniform must be in accordance with the WVVF regulations.

All Vovinam uniform shall have the name of the country only.

All athletes shall compete with yellow belt without stripe.

All athletes are required to attend the opening, awarding and closing ceremonies in Vovinam uniform or official team uniform.

It is expected that each delegation will have their own team uniform.

Health

All athletes must have a health certificate (compulsory) to ensure that they are eligible for competitions. Original health certificate must be submitted together with national team's registration upon arrival. If the team does not fully send the health certificates for athletes, Organising Committee will not allow him/her to compete (both in performance and in fighting)

Insurance

It is compulsory for all participants and members of delegations to have their own medical and personal trip insurance. The EVVF and the Swiss Organising Committee assume no liability nor responsibility for the lack of insurance from participants and members of delegations. Chiefs of delegations have to sign the term of responsibility.

DRAWING

The draw will be held immediately after the delegations meeting under the control and observation of the EVVF. Each National Federation must send a delegate to attend the draw (a maximum of 2 delegates will be authorised)

REFEREE

Referees will be appointed by the EVVF.

PRIZES

Thi Quyền (Performance)

1st Place: Gold Medal

2nd Place: Silver Medal

3rd Place: Bronze Medal

Thi đối kháng (Fighting)

1st Place: Gold Medal

2nd Place: Silver Medal

Two 3rd Place: Bronze Medals

Best national teams according to medals classification

1st place Cup

2nd place Cup

3rd place Cup

Prize for best athlete in Performance

Prize for best athlete in Fighting

Fair-Play Cup for the best acting team

Note: To be able to classify for ranking, each country must take part in both Performance and Fighting competitions.

MAKING COMPLAIN/SANCTION

Only head of coach has the right to complain (complain must be in form of official letter and a fee of 150 Euros).

In case of complaining about human resource (athlete, referee), form must be submitted to Organising Committee before drawing.

In case of technical complain, form must be submitted to the Organising Committee within 10 minutes after the match.

The Organising Committee will consider and make decision about the case before the next competitions take place. The Organising Committee will only return 150 Euros fee if only the issue is solved exactly as the official complain letter mention.

Penalty for not sending at least a referee in the championship is 300 Euros. This rule is applied for the countries which have more than 50 members.

In case of any violation of the EVVF rules and regulations, the championship regulation or any misbehavior during competitions, including anti-doping codes or any involvement in a smear campaign of any attempt against the EVVF or Swiss government, sanction can be concluded by the Championship Organising Committee or EVVF leaders.

Athletes and Referees may be suspended of right/duty due to any disqualification or misbehaviors against the mentioned rules/regulation.

TRAINING AREA

The training area in the Sport Center will be open from 13:00 to 20:00 on July 1st, 2016.

General Programme

Date	Events	Time	Venue
Friday 01/07/2016	- Accreditation	14 :00	Meeting Room Sport Center
	- EVVF Executive Committee Meeting	15 :00	
	- Head Delegate meeting, drawing	16 :00	
	- Referee meeting	17 :30	
Saturday 02/07/2016	- Unofficial weigh-in	8 :00	Sport Center
	- Official weigh-in	8 :30	
	- <i>Fighting competition</i> (elimatoire, semi-final round) + Male: 60kg, 64kg, 68kg, 72kg + Female: 55kg, 61kg - <i>Performance competition</i> + Ngũ Môn Quyền + Long Hồ Quyền (Female) + Song Luyện Mã Tấu + Thập Thế Bát Thức Quyền + Song Dao Pháp + Song Luyện Dao + Tứ Tượng Côn Pháp + Quyền Đồng Đội	9 :30	
	- Opening Ceremony - <i>Performance competition</i> + Đòn Chân Tấn Công + TỰ VỆ NỮ - <i>Fighting competition</i> : Final of 6 categories - Awarding Ceremony	17 :00	

Sunday 03/07/2016	- Unofficial weigh-in	8 :00	Sport Center
	- Official weigh-in	8 :30	
	- <i>Fighting competition</i> (elimatoire, semi-final round) + Male: 77kg, 82kg, 90kg, over 90kg + Female: 67kg, over 67kg - <i>Performance competition</i> + Tinh Hoa Lữ Ông Nghi Kiếm Pháp (Female and Male) + Nhật Nguyệt Đại Đao Pháp + Song Luyện Số 3 + Đa Luyện + Song Luyện Kiếm (Female and Male) - <i>Fighting competition</i> : Final of 6 categories - Awarding Ceremony - Closing Ceremony	9 :30	
	- Farewell Drink	20 :00	Restaurant Sport Center

Note: The schedule can be edited by the Organising Committee during the time of the Championship

Registration

The online competition registration form will be available at:

<http://www.vovinam-evvf.eu/championship>

Payment Details (Competition Registration Fee, Civil Protection Shelter, Meal)

Account Name: Association Vovinam Viet Vo Dao Genève

Bank Name: Banque Raiffeisen d'Arve et Lac

Bank Address: 1225 Chene-Bourg

SWIFT/BIC: RAIFCH22

IBAN: CH45 8018 8000 0934 5797 8

Other Information

Swiss electrical appliance adapters

If you want to recharge your phone batteries or use any electrical appliances from your home country, you have to use a Swiss-Europe adaptor as shown here.

If you can't find an adaptor in your own home country, we may order an adaptor for you at the following price: 6 Euros

Please don't forget to pay the amount when you register.



Equipement	3 poles
Class	IP 20
Curent Rating	10 A
Nominal Voltage	250 V
Article type	Adapter
Execution	Travel jack
Area of use	Interior
Using	Connection
Note	CH - Europe
Color	White



Thank you and See you soon!

