

# 6<sup>th</sup> EVVF EUROPEAN VOVINAM CHAMPIONSHIPS

HERSTAL • BELGIUM

3-5 JULY 2020

HALL OMNISPORTS LA PRÉALLE  
RUE EMILE MURAILLE 158, 4040 HERSTAL



Province  
de Liège  
Sports

[www.vovinam-evvf.eu](http://www.vovinam-evvf.eu)

COMPETITION BOOK



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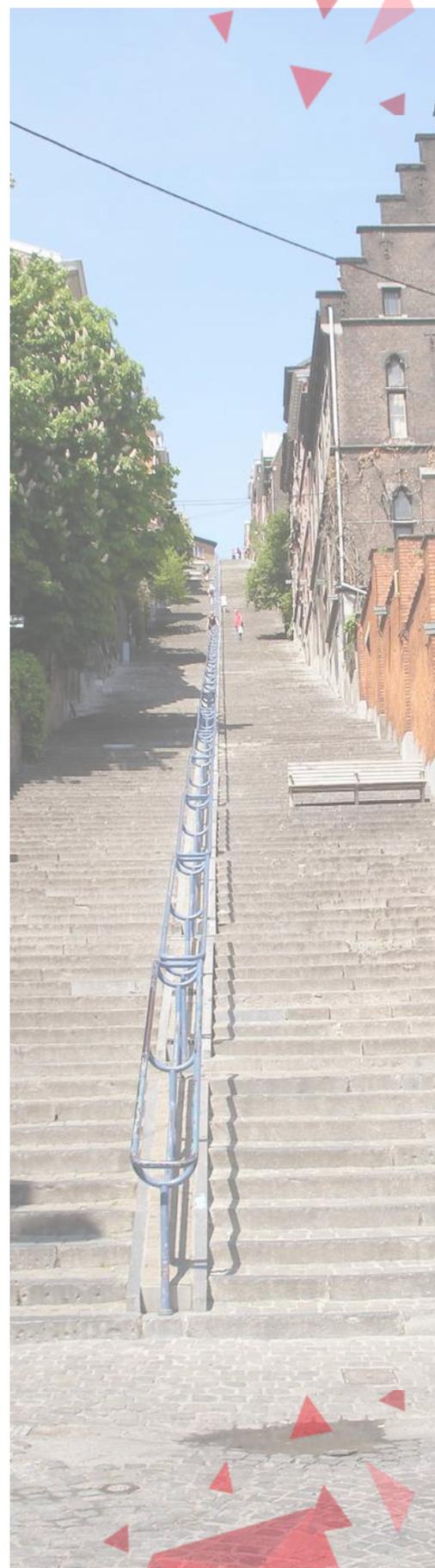
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## IN MEMORY OF Grand Master Nguyễn Văn Chiếu

The Grand Master Nguyễn Văn Chiếu is unanimously recognized and praised all over the martial arts world as the one, who had the vision and the ability to lead the Vovinam Việt Võ Đạo school into a new stage of evolution.

Since the early days of practice and development of the Vovinam Việt Võ Đạo school and out of pure enthusiasm for the martial arts way of life, Grand Master Nguyễn Văn Chiếu did not give up his ideals even in the face of the heavy trials of life associated with the tumultuous history of Vietnam within the years of war. After successfully having started a development for the martial art in the Bình Định region in 1969, Grand Master Nguyễn Văn Chiếu found himself almost ten years later in Ho Chi Minh City as the one who decisively contributed to the reprise of the official Vovinam Việt Võ Đạo practice. The sports center in district 8 of HCMC became his new Vovinam home and later on, this will also become the place where his foreign students will reunite for training and the location for the first international tournaments.

The fundamental concern of Grand Master Nguyễn Văn Chiếu for the development of the sporting and competitive side of Vovinam Việt Võ Đạo, resulted in a better promotion and an unprecedented expansion of our martial arts school. This modern vision represents a stage of evolution that complements the previous ones, and which today makes our school one of the most modern and complete martial arts practiced in the world.

A notable contribution of Grand Master Nguyễn Văn Chiếu to the competition system is bringing Vovinam's unique offensive leg techniques to the content of fighting competitions, in order to prove that they are not only beautiful and artistic, but also practical and effective in the real battle. This particularly resonates in the world of martial arts sports, highlighting the superiority of Vovinam Việt Võ Đạo leg attack techniques.

The appreciation of these merits is unanimous among the members and supporters of various martial arts communities both in Vietnam and an international level.

An important recognition has come from the Master Patriarch Lê Sáng, who ten years ago has appointed Grand Master Nguyễn Văn Chiếu as his successor to the school's leadership. Master Patriarch Lê Sáng was the oldest student of the Founding Master Nguyễn Lộc, being together with him since the creation of the style. As such he had a fundamental contribution in crystallizing the technical and philosophical conceptions of Vovinam Việt Võ Đạo and he saw his work continued and taken to the next level by Grand Master Nguyễn Văn Chiếu.

Today, the federal organization of our discipline in the world is in full development, having already established the the world federation WVVF, the European, African and Asian continental federations and a number of national federations and regional initiatives. Nowadays, the competition calendar is filled with many recurring events and a great effort is being made in order to ensure a high quality of these competitions.

The fact that today all these federations of various levels are able to organize strong championships which attract a wide participation, both at the level of seniors and at the level of juniors and children, represents a materialized effort of a lifetime of our master and a fulfilled dream of his.





**Võ sư NGUYỄN VĂN CHIẾU**  
Chánh Chương Quản Môn phái Vovinam Việt Võ Đạo  
(1949 - 2020)



# WELCOME SPEECHES

## Speech of the EVVF President

The Belgium Vovinam Viet Vo Dao Federation is one of EVVF's most respected members, for their constant involvement in all aspects of our federative life, be it the organization of championships or EVVF seminars, or the presence in the Executive Committee and EVVF Commissions, where they make their presence felt through important contributions.

Master Le Huu Dai, the President of Belgium Vovinam Viet Vo Dao Federation is also a Vice-President of EVVF and Head of Referee Commission, while Tri Dinh Debouny is Deputy General Secretary and Member of Marketing and Promotion Commission.

Among the ranks of our federation we find the masters Philippe Knuts, Olivier Lauria and Rafael Leon Blanco and the referees Christophe Dufour, Giuseppe Crapanzano and Luciano Montecchi.

The Secretary of Belgium Vovinam Viet Vo Dao Federation is Michel Gaens to which we have much to thank for the effort made in organizing this championship.

With such a great team it is no surprise that year after year we see that the Belgium is getting better results in competitions. I wish them success this time again, as well as to all the other participating teams.



*FLORIN MACOVEI*  
*President of the European Vovinam*  
*Viet Vo Dao Federation*

A handwritten signature in black ink, appearing to read 'Florin Macovei'.

# WELCOME SPEECHES

## Speech of the Vovinam Viet Vo Dao Belgium President

Welcome to Belgium,  
in the beautiful city of Herstal, in the heart of the province of Liège.  
Liège is a land for major sporting events and we are honoured to welcome all the participants of this European championship 2020.  
Belgium has organized the 2015 championship and we are taking over the same organisation team to welcome you this year in a sports centre for international sporting events: «La Préalles».  
This modern air-conditioned sport centre has a large competition room, a large warm-up room and several dining rooms.  
The bleachers can accommodate 400 people.  
Each national team will have their own personal locker room. I am sure that this event will be a success and will allow you to flourish in our martial art.

I wish to everybody, full success and many exploits.



*LE HUU DAI*  
*President of the Belgium Vovinam*  
*Viet Vo Dao Federation*

A stylized handwritten signature in black ink, enclosed within a hand-drawn oval.

# WELCOME SPEECHES

## Speech of the EVVF General Secretary

Dear EVVF members,

This year marks the 10th Anniversary of the founding of our European Vovinam Viet Vo Dao Federation. I would like to take this opportunity to congratulate and to extend my sincere gratitude to all the members of the EVVF Executive Committee, EVVF Commissions and EVVF country members who have put a lot of efforts in building and in developing our martial art in Europe. My heartfelt gritudes go to all our volunteers and sponsors, especially Mr. Gabriel Ionut Nechita and Mrs. Roxana Nechita who have constantly supported our federation and all our championships for the past 7 years. Without all your hard work and support, it wouldn't be possible to have the European Federation as we have today. Thank you all!

After hosting a very successful 1st EVVF European Vovinam Children and Junior Championship in 2015, the Belgian Vovinam Viet Vo Dao Federation will again be hosting another of our European events - the 6th EVVF European Vovinam Championships, in Herstal - province of Liege, from the 3rd to the 5th of July 2020.

I feel privileged to welcoming all of you, and look forward to seeing yet another embodiment of the Vovinam agility, combativeness, friendship and wisdom in each competitor and participant to this fantastic event.

Last but not the least, I would like to thank our host - Herstal Municipality, the Belgian Vovinam Viet Vo Dao Federation, Master Le Huu Dai, Master Olivier Lauria and Mister Michel Gaens, as well as all the officials, referees, coaches, athletes, volunteers and sponsors who contribute to the success of the championships.

Good luck to all of you!



*THANH NHA BERRIER*  
*General Secretary of the European*  
*Vovinam Viet Vo Dao Federation*

A handwritten signature in black ink, which appears to be 'Thanh Nha', written over a horizontal line.



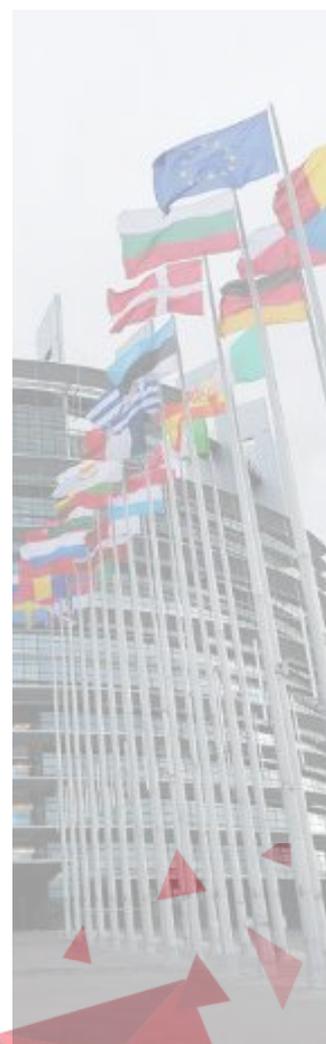
# HOST COUNTRY

## Belgium



**BELGIUM** is one of the smallest and most densely populated countries of Northwestern Europe. The capital and largest city is Brussels; other major cities are Antwerp, Ghent, Charleroi and Liège. It has been, since its independence in 1830, a representative democracy headed by a hereditary Constitutional monarch. Initially, Belgium had a unitary form of government. In the 1980s and '90s, however, steps were taken to turn Belgium into a federal state with powers shared among the regions of Flanders in the north, Wallonia in the south and Brussels-Capital region. Culturally, Belgium is a heterogeneous country straddling the borders between the Romance and Germanic language families of western Europe. With the exception of a small German-speaking population in the eastern part of the country, Belgium is divided between a French-speaking people, collectively called Wallons, who are concentrated in the five southern provinces (Hainaut, Namur, Liège, Wallon Brabant and Luxembourg) and Flemings, a Dutch-speaking people who are concentrated in the five northern and northeastern provinces.

Belgium and the political entities that preceded it have been rich with historical and cultural associations, from the Gothic grandeur of its medieval university and commercial cities and its small, castle-dominated towns on steep-bluffed winding rivers, through its broad traditions in painting and music that marked one of the high points of the northern Renaissance in the 16th century, to its contributions to the arts of the 20th century and its maintenance of the folk cultures of past eras. The Belgian landscape has been a major European battleground for centuries, notably in modern times during the Battle of Waterloo (1815) and the 20th century's two world wars. Given its area and population, Belgium today is one of the most heavily industrialized and urbanized countries in Europe. It is a member of the Benelux Economic Union (with the Netherlands and Luxembourg), the European Union (EU), and the North Atlantic Treaty Organization (NATO)—organizations that all have headquarters in or near the capital city of Brussels.



## Belgium-Liège



**Liège** is a city situated in the Walloon Region, eastern Belgium, on the Meuse River at its confluence with the Ourthe. The site was inhabited in prehistoric times and was known to the Romans as Leodium. The city grew from a humble chapel built on the Meuse in 558. In 705 the Bishop of Tongeren-Maastricht was murdered at the chapel in 705 and from then on it became a pilgrimage destination. Under Notger, its first prince-bishop, it grew in importance as a centre of Liège principality and of the Mosan school of art and as a major European intellectual centre. After it was granted a communal magistracy (1185) and citizens' charter (1195), and the guilds were granted representation on the city council (1303), there was a struggle for power between the guilds and the nobles. The nobles failed in a sudden attack, and their armed party was burned to death by the populace in the church of Saint-Martin in 1312, an event known as Male Saint-Martin. Political equality was granted to the labourers and to most of the trade guilds in 1313. During the 15th-century Burgundian domination of the Netherlands, Liège resisted and was sacked twice by Charles the Bold (1467, 1468). After Charles's death (1477) the city was rebuilt and experienced renewed prosperity in the 16th century under Prince-Bishop Evrard de La Marck. Renewed strife between the prince-bishops and the citizens resulted in the destruction of democratic institutions in 1684. The city was bombarded by the French in 1691 and taken by the English (1702) during the War of the Spanish Succession. A bloodless revolution ended the rule of the nobles in 1789; Liège was annexed to France in 1795 and assigned with the rest of Belgium to the Netherlands in 1815. Its citizens played an important part in the Belgian Revolution in 1830. After Belgium became independent (1830), the city expanded and became a major industrial centre. Fortified in 1891, it became the main bastion of the Meuse defenses and was occupied by the Germans in both world wars; it suffered heavy aerial bombardment in World War II. As the commercial hub of the industrial Meuse Valley, Liège developed iron and steel foundries, glassworks, coal mines, armament factories, and copper refineries. It became one of the most important river ports in western Europe and among the largest rail centres in Belgium; its airport is in nearby Bierset. The strong working-class character of the city is reflected in the leading role it plays in Belgian socialist politics. The effects of late 20th-century deindustrialization produced many challenges for the city, particularly high unemployment rates, but the economy rebounded somewhat as the city's service sector expanded.



**The cathedral** (the former abbey church of Saint-Paul) contains the reliquaries of St. Lambert and Charles the Bold. Among many other Romanesque and Gothic churches in Liège are Saint-Denis, Saint-Jacques, Saint-Martin, Sainte-Croix (containing a gold triptych from 1150), and Saint-Barthélemy, with a baptismal font (1108). The palace of the prince-bishops (built in the 15th century and repaired in the 18th and 19th centuries) is now the Palais de Justice.

Saint-Laurent, an old Benedictine abbey, has been a military hospital since 1796. As the cultural centre of Wallonia (French-speaking Belgium), Liège has concert halls, theatres, an opera, and many fine museums—particularly those of fine arts and of Walloon life, the Ansembourg Museum of decorative art, the archaeological museum (in the Maison Curtius, c. 1600), the arms museum, and the house of the composer César Franck.

The state university (1817) was entirely rebuilt in the 1960s on a new site to the south. The Royal Conservatory of Music (1887) is famous for the violin school established by Eugène Ysaÿe.

There are also several national research laboratories and technical schools associated with the major industries of Liège.

Enlightened, ecclesiastical and elegant: Liège has a proud history as a medieval city, and for a time was one of the richest and most powerful places in Europe. So the striking concrete and glass railway station comes as a surprise. Intended to look like a woman lying on her side, to many it resembles a baseball cap – rounded at the southern end and with a peak to the north.

**Liège-Guillemins** (named after the square that the station dominates) provides an excellent overture for the modern changes that are being brought to this ancient city. Santiago Calatrava, who designed the station, is not the only renowned architect to come to Liège. Ron Arad has designed the Médiacité shopping mall.

The French architect Rudy Ricciotti is transforming the Palace of Fine Arts – a relic of the 1905 Universal Exposition – into a major space for visiting exhibitions. CIAC, as it will be known, is due for completion in a couple of years with a walkway sweeping towards it across the river, connecting it directly to Calatrava's station.

The past glory of Liège is still much in evidence. **The Palace of the Prince-Bishops**, who governed the independent state of Liège for eight centuries, dominates the city centre. But the cultural focus has moved beyond the sprawling Place Saint-Lambert to the museum quarter, whose finest example is the Curtius, recently renovated to keep up with the changes elsewhere in the city. Once the home of a merchant who made his money from the arms trade, the museum is worth visiting for the interior of the building alone; it also contains collections of local glassware, and art from the Meuse region dating back to medieval times.





The city has been busy converting its resources not only to attract visitors, but to provide varied entertainment for its own residents. The 19th century **Opera House** has undergone a three-year refurbishment and the addition of a modern cube to house state-of-the-art technological features; and the theatre has been remodelled to provide more intimate performance spaces. Most striking of all is the Cité Miroir in Place Xavier Neujean where a cultural centre and exhibition space have been ingeniously fashioned out of the former public baths. The city is well known for its very crowded folk festivals. The 15 August festival ("Le 15 août") is maybe the best known. The population gathers in a quarter named Outre-Meuse with plenty of tiny pedestrian streets and old yards. Many people come to see the procession but also to drink alcohol (mostly peket) and beer, eat cooked pears, boûkètes or sausages or simply enjoy the atmosphere until the early hours. The Saint Nicholas festival around 6th December is organized by and for the students of the University; for a few days before the event, students (wearing very dirty lab-coats) beg for money, mostly for drinking.

Liège is renowned for its significant nightlife. Within the pedestrian zone behind the Opera House, there is a square city block known locally as **Le Carré (the Square)** with many lively pubs which are reputed to remain open until the last customer leaves (typically around 6 am). Another active area is the Place du Marché. **The "Batte" market** is where most locals visit on Sundays. The outdoor market goes along the Meuse River and also attracts many visitors to Liège. The market typically runs from early morning to 2 o'clock in the afternoon every Sunday year long. Produce, clothing, and snack vendors are the main concentration of the market.

Liège is home to the Opéra Royal de Wallonie (English: Royal Opera of Wallonia) and the Orchestre Philharmonique Royal de Liège (OPRL) (English: Liège Royal Philharmonic Orchestra).

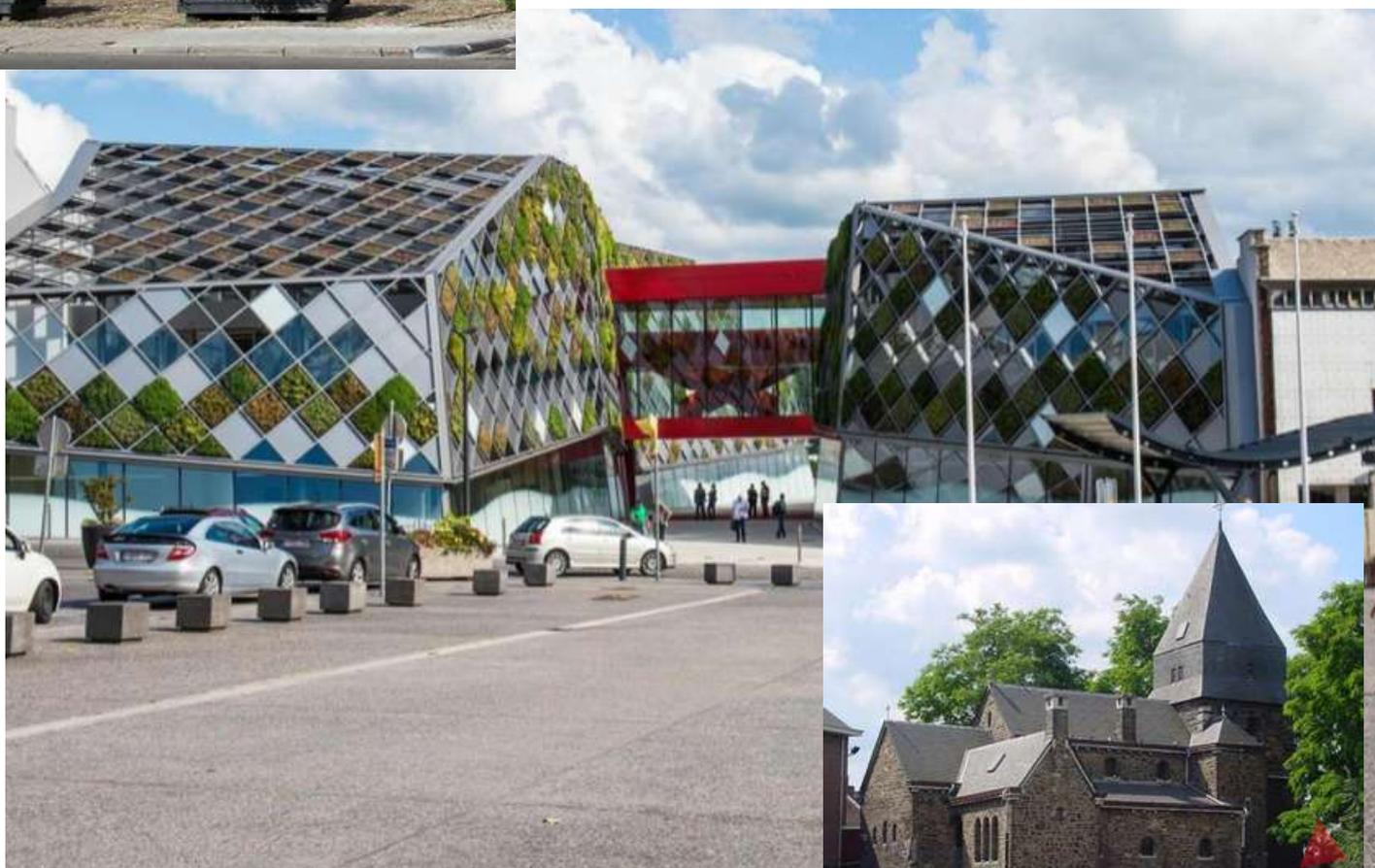
The city annually hosts a significant electro-rock festival Les Ardentes and jazz festival Jazz à Liège. Liège has active alternative cinemas, Le Churchill, Le Parc and Le Sauvenière. There are also 2 mainstream cinemas, the Kinopolis multiplexes. Liège also has a particular Walloon dialect, sometimes said to be one of Belgium's most distinctive. There is a large Italian community, and Italian can be heard in many places.



## HERSTAL



Herstal, once Charlemagne's imperial residence, has many hidden treasures for those who scratch beneath the surface. The **Herstal Municipal Museum**, located in the splendid Place Licourt, is the best way to discover our historic and industrial heritage. It will take you through our history, from Antiquity to the jewels of our industrial sector. The **Saint-Oremus Chapel**, which dates back to the 8th century; Fort de Pontisse, which still stands as testament to the resistance in Liège; the world-renowned Fabrique Nationale d'Herstal; our new Town Hall with its amazing architecture; the "Ferme Charlemagne"; the Vottem Strawberry Museum; the bold train station in Marexhe; and Bouxhtay Chapel, nestled in a verdant patch, are all worth a visit. If you are an outdoors type, our themed walks in the footsteps of Charlemagne, on the "Voie des Botîs", through our Arboretum or along the life story of René Henoumont are just what you are looking for!





# VOVINAM VIET VO DAO Belgium Federation

It was in **2003** that Lê Huu Dai met Master Nguyen Van Chieu in Paris. The idea of creating a Belgian federation began.

The following year, on May 16, **2004**, The clubs led by Lê Huu Dai and Olivier Laura united and made a joint demonstration, paving the way for the Belgian Federation that we currently know.

In **2006**, the young Belgian federation organised a European championship in Liège, bringing together 300 competitors.

It was in **2012**, during the annual championship of Belgium, that the clubs of Philippe Knuts and Rafael Leon Blanco joined the Belgian federation.

Today, the Belgian federation is an active member of the EVVF and the WVF and has organised the European Championship **2015** and several seminars.

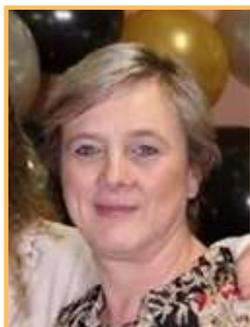


# STAFF

## Organization Committee



**Lê Huu Dai**  
Chairman  
of the Organizing  
Committee



**Véronique Mertens**  
Meal  
team



**Philippe Knuts**  
Welcome  
team and  
stewards



**Anne-Christine  
Stilmant**  
Medical Team



**Tri Dinh**  
Media  
team



**Pierre Davin**  
Security  
table team



**Luciano Montecchi**  
Financial  
team



**Christophe Dufour**  
Communication  
team



**Philippe Jobe**  
Logistic  
team

## Board of Directors 2019-2021

**President**  
Lê Huu Dai

**Vice President**  
Olivier Lauria

**Secretary**  
Michel Gaens

**Treasurer**  
Luciano Montecchi

**Members**  
Philippe Knuts  
Rafael Leon Blancoe  
Véronique Mertens  
Christophe Dufour  
Giuseppe Crapanzanno  
Philippe Jobe

## THE ORGANIZER



### EUROPEAN VOVINAM VIET VO DAO FEDERATION - EVVF

Address:

39 rue Barbès  
92120 Montrouge, Paris, France

Mobile:

0044 7738085358

E-mail:

[office@vovinam-ewvf.eu](mailto:office@vovinam-ewvf.eu)

Website:

[www.vovinam-ewvf.eu](http://www.vovinam-ewvf.eu)



### BELGIUM VOVINAM VIET VO DAO FEDERATION - AVVBF

Address;

Route du pays de Liège 52 4671 Saive

Mobile:

0032 496800749

E-mail:

[lehuudai@yahoo.com](mailto:lehuudai@yahoo.com)

Website:

[www.vietvodao.be](http://www.vietvodao.be)



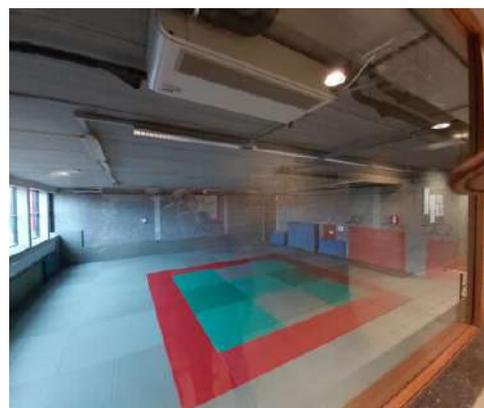
# SPORT CENTER



## **HALL OMNISPORT "LA PREALLE"**

*Rue Emilie Muraille, 158- 4040 Herstal*

Inaugurated in 2007, the "La Préalles" hall is an infrastructure of exceptional quality which allows 220,000 athletes to practice a number of disciplines each year: basketball, badminton, mini-football, handball, judo, karate, dance, kaerobic, krav maga, kickboxing, table tennis, athletics, climbing.



# TRANSPORTATION

## BY PLANE

Most incoming international flights arrive at either Brussels National Airport (Zaventem) or Brussels South Airport (Charleroi) which are located in about 100 km to northwest of Liège.

Once you arrive at the airport, the easiest way to get to Liège is the train. The train station at the airport is in the basement of the terminal building. You can find connections that run between Brussels Airport and Liège-Guillemins railway station, beginning at 5:41 a.m., and up until 11.59 p.m., with only one change in Leuven or Brussels North.

A single ticket runs between €18 and €19. You can easily plan your journey on the Belgian Railways' website.

Keep in mind that the French and Dutch versions of city names might be different, and therefore somewhat confusing.

[www.brussels-charleroi-airport.com](http://www.brussels-charleroi-airport.com)

[www.brusselsairport.be](http://www.brusselsairport.be)

## BY TRAIN

From many European cities, Liège can be reached via train.

There are some direct journeys, as well as those with one or two changes. From the UK, you can take the Eurostar, with regular connections from London to Brussels.

From the Brussels-Midi station, there's a direct train to Liège. When you purchase the Eurostar ticket, take the "any Belgian station" option, so you won't have to purchase another ticket from Brussels to Liège.

[www.sncb.be](http://www.sncb.be)

## BY CAR

The **E25** connects the city to the south with Luxembourg and then France, through the cities of Metz, Nancy and Lyon, and to the north with Maastricht and Holland.

The **E42** to the west connects the city with Bergen to France and Paris; the **E40** eastwards, connecting Liège to Germany with Aachen and Cologne.

Transfers from Airport/Train Station to Hotel and from Hotel to Sport Center has to be managed by themselves.



## PUBLIC TRANSPORTATIONS

### Bus

Taking the bus is a popular form of transportation in the city, offered by the public transportation company, "TEC". You can purchase tickets at the "Maison du TEC," located inside the Liège-Guillemins railway station.

One-day tickets cost €4, allowing unlimited travel in Liège throughout the day. You can also opt for a simple-way ticket, which costs €1,90. You can purchase any of these tickets from the bus driver.

Additionally, you can purchase travel cards. There are two different types of cards: eight journeys for €8,80 and 12 journeys for €13,20.

Buses Number 1 and 4 go into the city center. Liège-Guillemins station is 15 minutes away by taking buses Number 2 or 3, exiting at the "Hotel de ville" stop.

**PUBLIC BUS**  
CITY CENTER-HERSTAL



### Taxi

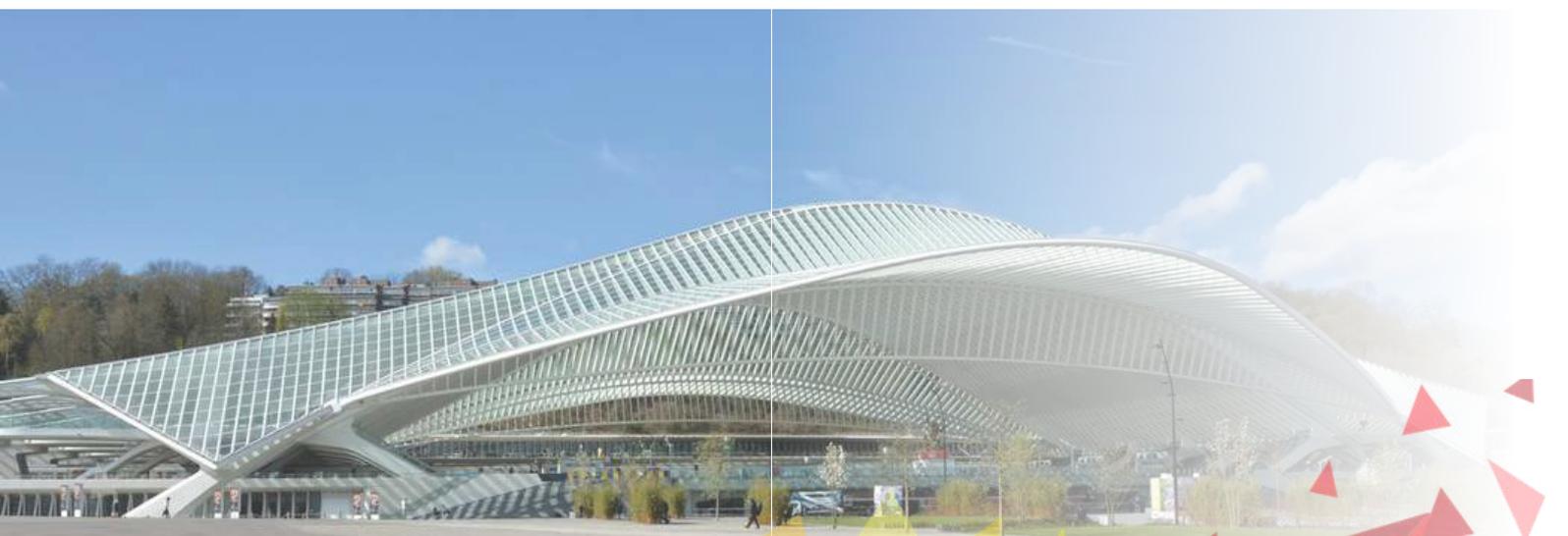
Taxis are a bit more expensive, but the prices are manageable, especially if you split a car and share the fare.

Plus, they operate 24 hours a day and can usually be found around the areas that are popular for nightlife in the late evenings.

[www.liege-tax.be](http://www.liege-tax.be)



**CLICK HERE**



## ACCOMMODATION

Hospitality has to be managed by themselves. The organization doesn't have convention with any facilities but recommends the following hotels



### **VAN DER VALK CONGRÈS HOTEL\*\*\*\***

2B Esplanade de l'Europe, 4020 Liège

#### **Distance to Sport center 8,0 km**

Situated in the park de la Boverie right next to the Congres Palace, is a 5 minute walk from the historical city centre. The hotel is 6 minute drive from the highway E25. Botanical Garden is an 11 minute walk away. The nearest airport is Liège Airport, 8 km from the hotel.

#### **Info and reservations:**

[www.congreshoteliege.be](http://www.congreshoteliege.be)



### **MANAVA HOTEL\*\*\***

Route de Liers, 114 | B-4041 Herstal

#### **Distance to Sport center 4,0 km**

Near from Liège and the zoning of Haut Sart of Hertsal, you can reach the center of the town in 15 minutes

Brussels' city centre and Brussels Airport are within a 1 hour drive

#### **Info and reservations:**

[www.manavahotel.be/index.php](http://www.manavahotel.be/index.php)



### **HOTEL CLASS'ECO LIÈGE\***

ZI des hauts-sarts 1ère Avenue 95, 4040 Herstal

#### **Distance to Sport center 5,0 km**

Situated 10 km from Liège's city centre.

Guests will find a wide variety of restaurants, cafés and supermarkets in the centre of Liège, 10 minutes away by car.

Brussels' city centre and Brussels Airport are within a 1 hour drive

#### **Info and reservations:**

[www.class-eco-liege-be](http://www.class-eco-liege-be)



### **IBIS BUDGET LIÈGE\***

Rue de l'Arbre Courte Joie 380 4000 Liège

#### **Distance to Sport center 8,0 km**

Free private parking at the hotel

Restaurants within walking distance

Near main highways E40, E42, E25

Close to Liège and Maastricht-Aachen

Close to Brussels Airporthotel.

#### **Info and reservations:**

[www.ibis.hotel.liege](http://www.ibis.hotel.liege)



## MEALS

MEALS (15€ by meal)

### FRIDAY DINNER:

- Two « Liège » meatballs with frenchfries
- Vegetarian meal

### SATURDAY LUNCH:

- Three sauces pasta or lasagna
- Vegetarian meal

### SATURDAY DINNER:

- « Vol au vent »
- Vegetarian meal

### SUNDAY LUNCH:

- Three sauces pasta or lasagna
- Vegetarian meal

*Fruits and water are provided for each meal and included in the price.*



# COMPETITION REGULATIONS

## Elegibility - Categories - Accreditation

## Deadlines - Fee

### ELIGIBILITY:

Only member Federations/Associations of the EVVF who has completed their financial duty with the EVVF are allowed to take part in the competition. A category shall be eligible with the participation of at least 3 athletes/teams.

### ACCREDITATION:

An accreditation card will be issued to each participant on his/her **arrival** at the Headquarters and this accreditation card should be carried at all time during the championship

### DEADLINES:

First Entry: NO LATER THAN 15 April 2020

Final Entry: NO LATER THAN 15 May 2020

Competition Registration Payment: NO LATER THAN 30 May 2020

Accommodation and Payment: NO LATER THAN 15 May 2020

Meal Registration and Payment: NO LATER THAN 30 May 2020

Travel Schedule: NO LATER THAN 15 May 2020

Terms of Responsibility, Parental Permission: NO LATER THAN 15 May 2020

### COMPETITION REGISTRATION FEES:

The registration fee is 25 euros/athlete/category.

If the athlete competes in more than one category, the fee for each additional category will be 10 euros.



# COMPETITION REGULATIONS

## Sparring Gear/Weapons

### **SPARRING GEARS:**

Helmet red and blue: own and compulsory

Gloves 10 oz red and blue: own and compulsory

"Vovinam Viet Vo Dao" body armour red and blue: own and compulsory

Groin Guard: own and compulsory

Gum Shield: own and compulsory

Shins Guard: own and compulsory

Foot Pads: own and optional

Forearm Pads: own and optional

### **WEAPONS:**

Teams prepare their own weapons



# COMPETITION REGULATIONS

## Categories

### FIGHTING

#### MALE CATEGORIES:

1. Over 57 kg to 62 kg
2. Over 62 kg to 67 kg
3. Over 67 kg to 73 kg
4. Over 73 kg to 79 kg
5. Over 79 kg to 86 kg
6. Over 86 kg

#### FEMALE CATEGORIES:

1. Over 50 kg to 55 kg
2. Over 55 kg to 61 kg
3. Over 61 kg to 67 kg
4. Over 67 kg

### SINGLE FORM

#### MALE CATEGORIES:

1. Ngũ Môn Quyền
2. Thập Thế Bát Thức Quyền
3. Tinh Hoa Lưỡng Nghi Kiếm Pháp
4. Tứ Tượng Côn Pháp
5. Nhật Nguyệt Đại Đao Pháp

#### FEMALE CATEGORIES:

1. Long Hồ Quyền
2. Song Dao Pháp
3. Tinh Hoa Lưỡng Nghi Kiếm Pháp
4. Thái Cực Đơn Đao Pháp

### TEAM FORM

#### MALE CATEGORIES:

1. Đòn Chân Tấn Công
2. Song Luyện Kiếm
3. Song Luyện Mã Tấu
4. Song Luyện Số 3
5. Song Luyện Dao

#### FEMALE CATEGORIES:

1. Song Luyện Kiếm

### MIXTURE CATEGORIES

1. Tự Vệ Nữ Giới
2. Đa Luyện Nam or Đa Luyện Nữ
3. Quyền Đồng Đội Nam or Quyền Đồng Đội Nữ  
(3 athletes perform Long Hồ Quyền)



# COMPETITION REGULATIONS

## Competition Rules

In accordance with the EVVF Competition Rules Book.

### **Technical:**

Đòn Chân Tấn Công: 4 competitors (each competitor performs 4 different Đòn Chân, 16 Đòn Chân different in total from number 6 to 21).

Mixture Categories of Quyền Đồng Đội: Team with 3 males or 3 females (not a mixture team)

### **Fighting:**

Contact Fight – weight maximum +200gr

Each Federation/Association may enter TWO (2) competitors/teams each category (both performance and fighting)

### **Performance:**

Athletes born in 2002 or earlier can take part in performance competition

### **Fighting:**

Athletes must be at least 18 year old (born before 3 July 2002)

### **Note:**

For athletes under 18 year old, the parental permission form must be signed by parent/guardian.



# COMPETITION REGULATIONS

## Eligibility

### **Nationality:**

Athletes must have the same nationality of their National Federation/Association. Athletes are required to show their passport during the nationality control procedure in order to confirm their nationality.

### **Gender:**

The female athletes may also have to undergo gender control. Athletes are not checking in case of having the gender certificate that is provided by mandated organizations.

### **Uniform:**

All Vovinam uniforms must be in accordance with the EVVF regulations. All Vovinam uniforms shall have the name of the country only. All athletes shall compete with a yellow belt without stripes. All athletes are required to attend the opening, awarding and closing ceremonies in Vovinam uniform or official team uniform. It is expected that each delegation will have their own team uniform.

### **Health:**

All competitors must have a health certificate (compulsory) to ensure that they are eligible for competitions. A health certificate must be submitted together with the national team's registration upon arrival. If the team does not fully send the health certificate for athletes, the Organizing Committee will not allow him/her to compete (both in performance and in fighting).

### **Insurance:**

It is compulsory for all participants and members of delegations to have their own medical and personal trip insurance. The EVVF and the Belgium Organising Committee assume no liability or responsibility for the lack of insurance from participants and members of delegations. Chiefs of delegation have to sign the enclosed terms of responsibility and return it by email before 10 May 2020 to the EVVF



# COMPETITION REGULATIONS

## Drawing

The draw will be held immediately after the delegations meeting under the control and observation of the EVVF.

Each National Federation must send a delegate to attend the draw (a Maximum of 2 delegates will be authorised)

## Referees

Referees will be appointed by the EVVF

## Prizes

### **Thi Quyền (Performance):**

1st place: Gold Medal

2nd place: Silver Medal

3rd place: Bronze Medal

### **Đối Kháng (Fighting):**

1st place: Gold Medal

2nd place: Silver Medal

Two 3rd place: Bronze Medals

### **Best national teams according to the medals classification:**

1st place Cup

2nd place Cup

3rd place Cup

### **Prize for best athlete in performance**

### **Prize for best athlete in fighting**

### **Note:**

Prize for best athlete – male in performance

Prize for best athlete – female in performance

Prize for best athlete – male in fighting

Prize for best athlete – female in fighting



# COMPETITION REGULATIONS

## Making Complaint - Sanction

Only the head coach has the right to complaint (must be in form on official letter and a fee of 200 Euro).

In case of complaining about human resource (athlete, referee), the form must be submitted to the Organizing Committee before drawing.

In case of technical complain , form must be submitted to the Organizing Committee with in 10 minutes after the match.

The Organizing Committee will consider and make a decision about the case before the next competition takes place.

The Organization Committee will only return 150 Euros fee if only the issue is solved exactly as mentioned in the official complaint letter.

The penalty for not sending at least a referee in the championships is 300 euros.

This rule applied for the countries which have more than 50 members.

In case of any violation of the EVVF rules and regulations, the championship regulation or any misbehavior during competitions, including anti-doping codes or any involvement in a smear campaign of any attempt against the EVVF or Belgium government, sanctions can be concluded by the Championships Organising Committee or EVVF leaders.

Athletes and Referees may be suspended of right/duty due to any disqualification or misbehaviors against the mentioned rules/regulation.

## Training Area

The training area in the Sport Center will be open from 13:00 to 19:00 on 3 July 2020





## GENERAL PROGRAMME

GENERAL PROGRAMME			
DATE	EVENT	TIME	VENUE
03-07-2020	ACCREDITATION	13:30	SPORTS CENTER
	EVVF MEETING	14:30	
	HEAD DELEGATE MEETING/DRAWING	16:30	
	REFEREE MEETING	18:00	
04-07-2020	UNOFFICIAL WEIGH-IN	7:00	
	OFFICIAL WEIGH-IN	7:30	
	FIGHTING COMPETITION (ELIMINATORY, SEMI-FINAL) Male (-62, -67, -73 kg) Female (-55, -61 kg)	9:00	
	PERFORMANCE COMPETITION Male Ngũ Môn Quyền Tinh Hoa Lưỡng Nghi Kiếm Pháp Thập Thế Bát Thức Quyền Song Luyện 3 Song Luyện Kiếm		
	Female Long Hồ Quyền Tinh Hoa Lưỡng Nghi Kiếm Pháp Song Luyện Kiếm		
	LUNCH BREAK	13:00	
	AWARDING CEREMONY	14:30	
	GROUP PHOTO	15:00	
	OPENING CEREMONY	16:00	
	PERFORMANCE COMPETITION Male Đòn Chân Tấn Công	17:30	
	Mixture Đa Luyện Tự Vệ Nữ Giới		
	FIGHTING COMPETITION – FINAL Male (-62, -67, -73 kg) Female (-55, -61 kg)		
	AWARDING CEREMONY	19:00	
	DINNER	20:00	
	05-07-2020	UNOFFICIAL WEIGH-IN	
OFFICIAL WEIGH-IN		7:30	
FIGHTING COMPETITION (ELIMINATORIE, SEMI-FINAL) Male (-79, -86, over 86 kg) Female (-67, over 67 kg)		9:00	
PERFORMANCE COMPETITION Male Tứ Tượng Côn Pháp Nhật Nguyệt Đại Đao Pháp			
Female Song Dao Pháp Thái Cực Đơn Đao Pháp			
LUNCH BREAK		12:30	
FIGHTING COMPETITION - FINAL Male (-79, -86, over 86 kg) Female (-67, over 67 kg)		14:30	
PERFORMANCE COMPETITION Male Song Luyện Mã Tấu Song Luyện Dao			
Mixture Quyền Đồng Đội			
AWARDING CEREMONY AND CLOSING CEREMONY		17:30	
FAREWELL PARTY	20:00		





## COMPETITION REGISTRATION

The online competitor registration form will be available at:

<http://www.vovinam-evvf.eu/championship>

## HOTEL REGISTRATION

Hospitality has to be managed by themselves.

The organization doesn't have convention with any facilities.

## PAYMENT DETAIL

Payment Detail :

**AVVBF asbl**

**Address : Route du Pays de Liège 52, 4671 Saive**

**IBAN BE59001525929026**

**BIC GEBABEBB**



## SPECIAL EVENTS



A farewell party will take place on Sunday Evening

### **Pepino Party**

At 20:00, in the Sport Hall located in "LA PRELLE"  
Sport Center, a big dinner-bar with:  
Sea food, beef, chicken, pork, veal.

**20€ per person\***

\*(Drinks are not included)

## SPECIAL THANKS TO



**AVENSA**



# 6<sup>th</sup> EVVF EUROPEAN VOVINAM CHAMPIONSHIPS

HERSTAL • BELGIUM

3-5 JULY 2020

HALL OMNISPORTS LA PRÉALLE  
RUE EMILE MURAILLE 158, 4040 HERSTAL



[www.vovinam-evvf.eu](http://www.vovinam-evvf.eu)